

Head Start 0-5 services are available at no cost to children and families. Up to 10 % of enrollment may be used to serve children that are over income. Transportation is available at some locations.

PROGRAM OPTIONS

The program options selected by Policy Council, Multi-County Board, parents and staff include: (1) *home based*: providing all services through weekly home visits, and offering at least two socialization opportunities per month.

ENROLLMENT

To enroll a child contact your county's Family Advocate for an appointment.

To locate your county Family Development Advocate or Child and Family Advocate go to www.nek-cap.org and click on Service Locations or call toll-free 888-904-8159. You will need to provide your child's birth certificate, income documents and insurance cards as well as income documentation for one year or at least three months - reflect current situation of the family. If you do not have these documents the Family Development Advocate or Child and Family Advocate will work with you to obtain them.



NEK-CAP, Inc. is an equal opportunity provider and employer.

NEK-CAP, Inc. Offices:

Administrative Office (Hiawatha)
785-742-2222 or 888-904-8159
www.nekcap.org

Atchison County (Atchison)
Early Head Start & Outreach Office: 913-367-7114
Head Start Center: 913-367-7848

North Brown County (Hiawatha)
Early Head Start, Head Start Center & Outreach Office:
785-742-2222

South Brown County (Horton)
Early Head Start, Head Start Center & Outreach Office:
785-486-2965

Doniphan County (Troy)
Early Head Start & Outreach Office: 785-985-2619

Jackson County (Holton)
Early Head Start & Head Start Center:
785-364-2109
Outreach Office: 785-364-4055

Jefferson County
Head Start Center & Office (Meriden): 785-484-3317
Early Head Start (Oskaloosa): 785-863-2372

Leavenworth County (Leavenworth)
Head Start Center & Office: 913-651-5692
Early Head Start: 913-547-1362, 913-702-2411,
913-702-2412 or 913-702-4787

Marshall County (Marysville)
Head Start Center: 785-562-2941
Early Head Start & Outreach Office: 785-562-1014

Nemaha County
Early Head Start (Sabetha): 785-284-3009
Head Start Center & Office (Seneca): 785-336-2927

Pottawatomie County
Head Start Center & Office (Havensville):
785-948-2023
Early Head Start (Emmett):
785-817-7223 or 785-844-5153

Updated 7/5/2016

NEK-CAP, Inc.

We provide comprehensive education and social services to low-income community members through collaborative partnerships focused on promoting family development, empowerment, and economic security.



Head Start



NEK-CAP, Inc. Administrative Office
Northeast Kansas Community Action Program
PO Box 380 - 1260 220th Street
Hiawatha, KS 66434
Phone: 785-742-2222 or 888-904-8159
TTD/TTY: 785-742-3087
Fax: 785-742-2164
nekcap@nekcap.org — www.nekcap.org

HEAD START

Head Start is a comprehensive child development program that serves children from birth to age five, pregnant women, and their families in NEK-CAP's nine county service area. The program is a child-focused program, and has the overall goal of increasing the school readiness of young children in low-income families. Head Start services are FREE to eligible children!

Head Start helps all children succeed. Children participate in a variety of activities—reading, math, science in a preschool setting. Most of the 3-5 year old children attend classes four days per week, Monday - Thursday for 3½ hours per day. Children receive free medical and dental check-ups and follow-up care, have healthy meals and snacks, and enjoy playing indoors and outdoors in a safe setting. Field trips are planned to acquaint children with their community. Special services are offered to meet the special needs of children with disabilities.



Head Start is federally funded through the Dept. of Health & Human Services, Administration for Children & Families State funded through Social & Rehabilitation Services

Head Start teachers offer children love, acceptance, understanding, and the opportunity to learn and experience success. Head Start children socialize with other children, solve problems, and have other experiences which help them become more self-confident. Children improve their listening and speaking skills. *Children leave Head Start more prepared for kindergarten, excited about learning, and ready to SUCCEED!* NEK-CAP Head Start (3-5) program has slots for 289 children.

Nine (9) Head Start centers provide quality care and education to enrolled children. Part day classes are offered in Atchison, Havensville, Hiawatha, Holton, Horton, Leavenworth, Marysville, Meriden, and Seneca.

Head Start services are also family-centered, fostering the role of parents as the primary educators and nurturers of, and advocates for, their children. Head Start works in close partnership with parents to assist them in developing and utilizing individual and family strengths in order to successfully meet personal and family objectives. Parents are encouraged to become involved in all aspects of the program, from participation in children's activities to direct involvement in policy and program decisions.

EARLY HEAD START 0-3

Early Head Start 0-3 provides services to infants, toddlers, and pregnant women. It promotes

- 🍷 healthy prenatal outcomes, healthy babies
- 🍷 enhances the development of infants and toddlers, and
- 🍷 promotes healthy/thriving families



NEK-CAP, Inc. receives federal funds for 160 children to operate and provide Early Head Start 0-3 services for infants, toddlers, pregnant mothers, and fathers.

Head Start is committed to cultivating partnerships with the community to ensure that children and families receive an array of individualized services focused upon early childhood development, family support, health and education.