

HOW TO APPLY

Contact your local NEK-CAP office for additional information. Each grant administered by NEK-CAP, Inc. has different standards for determining eligibility, including level of income and geographic location (*services may vary according to county*). Contact your local NEK-CAP office or visit us at www.nekcap.org.

Serving Atchison (AT), Brown (BR), Doniphan (DP), Jackson (JA), Jefferson (JF), Jewell (JW), Leavenworth (LV), Marshall (MS), Mitchell (MC), Nemaha (NM), Osborne (OB), Pottawatomie (PT), Republic (RP), Riley (RL), Smith (SM), and Washington (WA) Counties.

THE PROMISE OF COMMUNITY ACTION

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

NEK-CAP, Inc.'s VISION

One by one all families and communities become self-reliant.



NEK-CAP, Inc. is an equal opportunity provider and employer.

NEK-CAP, Inc. Offices:

Administrative Office (Hiawatha)
785-742-2222 or 888-904-8159
www.nekcap.org

Atchison County (Atchison)
Early Head Start & Outreach Office: 913-367-7114
Head Start Center: 913-367-7848

North Brown County (Hiawatha)
Early Head Start, Head Start Center & Outreach Office: 785-742-2222

South Brown County (Horton)
Early Head Start, Head Start Center & Outreach Office: 785-486-2965

Doniphan County (Troy)
Early Head Start & Outreach Office: 785-985-2619

Jackson County (Holton)
Early Head Start & Head Start Center:
785-364-2109
Outreach Office: 785-364-4055

Jefferson County (Meriden)
Head Start Center & Office: 785-484-3317

Leavenworth County (Leavenworth)
Head Start Center & Office: 913-651-5692
Early Head Start: 913-547-1362, 913-702-2411 or
913-702-2412

Marshall County (Marysville)
Head Start Center: 785-562-2941
Early Head Start & Outreach Office: 785-562-1014

Nemaha County
Early Head Start (Sabetha): 785-284-3009
Early Head Start, Head Start Center
& Office (Seneca): 785-336-2927

Pottawatomie County
Head Start Center & Office (Havensville):
785-948-2023
Early Head Start (Emmett):
785-817-7223 or 785-844-5153

JW, MC, OB, RP, RL, SM & WA Counties (Belleville)
Outreach Office: 785-547-7136

Updated 2/8/2017

NEK-CAP, Inc.

We provide comprehensive education and social services to low-income community members through collaborative partnerships focused on promoting family development, empowerment, and economic security.



NEK-CAP, Inc. Filling the Gap



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FILLING THE GAP Summer Youth Food Program

NEK-CAP, Inc., and Kansas Food Bank collaborate to offer Filling the Gap, a youth summer food program, for eligible youth (to age 18) during the summer when school is out. With the help of local health departments and hunger advocates, we are able to Fill the Gap and provide missing summer meals to children at risk of going hungry. Approximately 100 youth are served through this program offered in the six Northcentral counties of Jewell, Mitchell, Osbourne, Republic, Smith and Washington.



One mother said, "This makes a big difference to my children and our family!"

Filling the Gap Summer Youth Food Program provides free shelf-stable, pre-packaged meals to eligible youth each week that are participating in the program. This program was created to ensure that low-income youth continue to receive balanced and nutritious meals while school is not in session. Summer is a time when children who rely on free and reduced meals at school struggle the most. Meals that they depend upon daily are not available to them. Currently one in five children in our state faces hunger on a daily basis.

Summer time is a time when children and families are most at-risk of hunger. Currently, Kansas ranks 48th in the nation in number of children fed when school is not in session. In Jewell County, 23.6% of children are food insecure (140 children); Mitchell County, 21.8% of children are food insecure (300 children); Osbourne County, 26.4% of children are food insecure (210 children); Republic County, 23.5% of children are food insecure (230 children); Smith County, 26.6% are food insecure (200 children) and Washington County, 20.7% of children are food insecure (270 children). *(February 2017)*



Based on community assessment, Filling the Gap will provide daily and/or weekend meals to low-income, food insecure children throughout the summer months. Meals include lunch and breakfast along with shelf stable milk to ensure complete nutritious meals are served meeting children's dietary needs.

*School's out,
HUNGER'S NOT!*

Studies have found that food insecurity may hinder children's ability to function normally, participant fully in school and other activities; may be at higher risk of behavioral issues and social difficulties. So, with increased nutrition children should have decreased hospitalization, decreases in asthma and anemia, and increased social functioning.

Applications for Filling the Gap Program will be accepted in late April. Dates and locations of distribution will be announced prior to the end of the school year.



For more information, please contact:

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NEK-CAP, Inc. administers government and private grants such as Administration for Children and Families/Department of Health & Human Services; Kansas Housing Resources Corporation (KHRC); the State Department of Education (KSDE); United States Department of Agriculture (USDA); and Housing & Urban Development (HUD).