

HOW TO APPLY

Apply online using our Customer Kiosk, scan the QR code below, or the link can be found on our website - www.nekcap.org. Each grant administered by NEK-CAP, Inc. has different standards for determining eligibility, including level of income and geographic location (*services vary according to county*). For more information contact your local NEK-CAP, Inc. office or visit us at www.nekcap.org.



Apply Now



Visit Our Website

Serving Atchison (AT), Brown (BR), Doniphan (DP), Jackson (JA), Jefferson (JF), Jewell (JW), Leavenworth (LV), Marshall (MS), Mitchell (MC), Nemaha (NM), Osborne (OB), Pottawatomie (PT), Republic (RP), Riley (RL), Smith (SM), and Washington (WS) Counties.

THE PROMISE OF COMMUNITY ACTION

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

NEK-CAP, Inc.'s VISION

One by one all individuals, families and communities become self-reliant.

NEK-CAP, Inc. administers government and private grants such as Administration for Children and Families/Department of Health & Human Services; Kansas Housing; the State Department of Education (KSDE); United States Department of Agriculture (USDA); and Housing & Urban Development (HUD).



NEK-CAP, Inc. is an equal opportunity provider and employer.

NEK-CAP, Inc. Offices:

Administrative Office (Hiawatha)
785-742-2222 ~ www.nekcap.org

Atchison County (Atchison)
Early Head Start & Outreach Office: 913-367-7114
Head Start Center: 913-367-7848

North Brown County (Hiawatha/Sabetha)
Early Head Start & Head Start Center: 785-300-0109

South Brown County (Horton)
Early Head Start & Head Start Center: 785-486-2965

Doniphan County (Troy)
Early Head Start: 785-985-2619

Jackson County (Holton)
Early Head Start & Head Start Center: 785-364-2109

Jefferson County (Meriden)
Early Head Start: 913-547-1362
Head Start Center: 785-484-3317

Leavenworth County (Lansing)
Early Head Start & Head Start Center: 913-651-5692

Marshall County (Marysville)
Early Head Start: 785-562-2941

Nemaha County (Seneca)
Early Head Start & Head Start Center: 785-336-2927

Pottawatomie County (Wamego)
Early Head Start & Head Start Center: 785-508-2120

AT, BR, DP, JF & LV Counties (Hiawatha)
Outreach Office: 785-742-2222 ext. 170 or 106

JA, MS, PT, NE, WA & RI Counties (Westmoreland)
Outreach Office: 785-851-0707

JW, MC, OB, RP, RL, SM & WS Counties (Beloit)
Outreach Office: 785-547-7136



Updated 10/3/2023

NEK-CAP, Inc.

We provide comprehensive education and social services to low-income community members through collaborative partnerships focused on promoting the development of individuals and families, empowerment, and economic security.



NEK-CAP, Inc. Services



NEK-CAP, Inc. Administrative Office
Northeast Kansas Community Action Program
PO Box 380 ~ 1260 220th Street
Hiawatha, KS 66434
Phone: 785-742-2222 ~ Fax: 785-742-2164
nekcap@nekcap.org ~ www.nekcap.org

FAMILY & COMMUNITY RESOURCES



Family and Community Resources supports all families eligible for our programs in NEK-CAP, Inc.'s sixteen county service area. We believe all families deserve support and encouragement as their family grows and develops. NEK-CAP, Inc.'s approach gives everyone an opportunity to have their immediate needs met and continue to be supported as the family develops and moves toward self-sufficiency.

EARLY HEAD START / HEAD START



Head Start programs promote school readiness of children ages birth to five from low-income families by supporting their development in a comprehensive way. NEK-CAP, Inc.'s Head Start is center based in seven counties serving children three to five years old - (available in AT, BR, JA, JF, LV, NM & PT Counties). The program serves children in a 3.5-hour and 7.0-hour day. NEK-CAP, Inc.'s Early Head Start is home based in nine counties (available in AT, BR, DP, JA, JF, LV, MS, NM & PT Counties) serving children from birth to three years old and pregnant moms. Head Start services are family-centered, encouraging the role of parents as the primary educators, nurturers of, and advocates for their children. Early Head Start/Head Start works in partnership with parents to encourage them in developing and using individual/family strengths, in order to successfully meet personal and family objectives. Parents are encouraged to become involved in all aspects of the program, from participation in children's activities to direct involvement in policy and program decisions.

HOUSING



NEK-CAP, Inc. provides the following housing programs: Housing Choice Voucher Program (HCV) (Section 8); Tenant Based Rental Assistance (TBRA); Emergency Solutions Grant (ESG); and Housing with Opportunities CoC (Continuum of Care). Programs vary from county to county across the service area as do eligibility requirements. Utility deposit and/or rental assistance is paid directly to the utility provider and/or landlord. Units approved for the programs must pass decent and safe inspection requirements and be rent reasonable. Please visit our website for more information. (Please visit our website for homeless program availability) (HCV & TBRA available in AT-not city limits, BR, DP, JA, JF, MS & NM Counties)

LOVE AND LOGIC®



Raise happy and well-behaved kids with positive, loving tools. The Love and Logic approach to parenting is built around the science of crafting caring and respectful relationships. An authentic, loving connection between parents and their children is the root of a healthy, thriving relationship built on trust and understanding.

TACKLING THE TOUGH SKILLS™



Tackling the Tough Skills™ is a fun, innovative and highly interactive life skills curriculum that helps hard-to-reach adults or teens prepare for success in work and life. It's also being used to teach soft skills to employees in the workplace. Soft skills aren't "fluff." They are life skills many take for granted yet are critical when a person doesn't have them. Soft skills include attitude, responsibility,

communication, problem solving and preparing for the workplace.

POVERTY SIMULATIONS



The Community Action Poverty Simulation (CAPS)* is a unique tool that can be used to educate everyone, from policy makers to local community leaders, about daily strategies of a low-income family trying to survive, day to day, with a shortage of money and an abundance of stress. It is a **simulation, not a game**. The object is to inform participants of the hardships faced by real people. In post-experience surveys, over 85% of participants reported an above average or high level of increased knowledge about the financial pressures faced by low-income families in meeting basic needs. *CAPS is a copyrighted tool made available by the Missouri Association for Community Action to organizations that want to promote a greater understanding of poverty.



REALL SIMULATIONS



The Reality Enrichment And Life Lessons (REALL) project is a hands-on simulation designed to challenge youth (grades 7th - 12th) to think critically about how choices and decisions made in adolescence may have consequences in adulthood. *Designed by OACAC (Ozark Area Community Action Corporation).

FILLING THE GAP



NEK-CAP, Inc. and Kansas Food Bank collaborate to offer the Filling the Gap, a summer food program, for eligible youth (to age 18) In these six counties, approximately 100 youth are served through this program. (Available in JW, MC, OS, RP, SM & WS Counties)